

## DATA SHEET

**TITLE:** Critical Conditions: The Essential Hospital Guide To Get Your Loved One Out Alive

**AUTHOR:** Martine Ehrenclou, MA

**FOREWORD:** Karen Blanchard, MD

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**BACK MATTER/FRONT MATTER:** Testimonials pages, index, medical term glossary, hospital staff glossary, resources list, appendix, Quick Reference Guide, Daily Progress Notes.

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**ABOUT THE BOOK:** Given the frightening number of preventable hospital deaths caused by medical errors, someone—a family member—must be a sentinel to oversee and support medical care for a hospitalized love one. You must become their advocate to help them get the best treatment possible. *Critical Conditions: The Essential Hospital Guide To Get Your Loved One Out Alive*, offers a step-by-step guide based on over 150 interviews with doctors, nurses, hospital staff and family members. You will learn how to:

- Prevent deadly medical errors, medication mistakes, infectious diseases.
- Reach doctors when you need them—every time.
- Navigate and manage the hospital system with confidence.

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**ABOUT THE AUTHOR:** After multiple hospitalizations of her own family members, author Martine Ehrenclou, MA, interviewed over 150 doctors, nurses, hospital social workers, psychologists, other medical staff, and families, to find clear understanding, advice, and direction to empower family members to be proactive advocates for their hospitalized loved ones for her book, *Critical Conditions: The Essential Hospital Guide To Get Your Loved One Out Alive*.

Martine has had several of her articles on hospital patient safety published in national magazines and newspapers and has been interviewed on numerous nationally syndicated radio shows. She currently lectures on the topic of patient safety at hospitals and "How to Survive a Hospital Stay" at universities, organizations and bookstores. She is a monthly contributor to ParentGiving.com. Martine has also had stories published in bestselling books, has written for newspapers and magazines, and with past businesses has appeared on national TV talk and news shows (ABC World News Tonight, Phil Donahue, Jenny Jones and more) in national magazines (Time, Inc., The Economist, and more) and in national newspapers (Los Angeles Times, Washington Post, Boston Globe and more.)

She received her masters degree with honors in psychology from Pepperdine University, Los Angeles. She runs writing groups for at-risk teenagers and adults.

Martine lives in Los Angeles, CA, with her husband and their daughter.

**ORDERING INFORMATION:** Available from AtlasBooks Distribution, Lemon Grove Press, Amazon.com, Barnes&Noble.com and other booksellers.

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